

WELCOME TO

Regional West



4021 Avenue B | Scottsbluff, NE 69361

www.RWHS.org
308-635-3711

188

Licensed Beds

Nebraska's only Level II
Trauma Center west of Kearney

The region's only tertiary
medical center

Regional West Health Services Western Nebraska's premier healthcare institution and the region's primary resource for comprehensive medical care, serving the Nebraska panhandle and the neighboring states of Colorado, South Dakota, and Wyoming.

Who We Are

- **Regional West Medical Center**—A fully accredited 188-bed acute care regional referral center and the only Level II Trauma Center in Nebraska west of Kearney
- **Regional West Physicians Clinic**—Western Nebraska's and central eastern Wyoming's largest multispecialty medical and surgical group
- **Regional West Garden County, Oshkosh**—A 10-bed acute care hospital, healthcare clinic, and 40-bed intermediate care facility
- **Regional Care, Inc. (RCI)**—One of the nation's premier independent third-party administrators; providing cost, medical, and claims management for clients throughout the United States
- **The Village at Regional West**—A full-service retirement community offering both independent and assisted living apartments for persons age 55-plus
- **Regional West Foundation**—A 501(c)(3) non-profit organization developed to enhance the services, programs, and projects of Regional West Health Services



A QUALITY PROGRAM of the AMERICAN COLLEGE of SURGEONS

State-of-the-art

- da Vinci robotic surgery
- Mazor robotic spine surgery
- 3D breast tomography
- Cardiac catheterization lab
- Outpatient infusion center



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Lighthouses, Links, and Lakes. *Go ahead. Play.*

Location

Scottsbluff is centrally located to many western adventures:

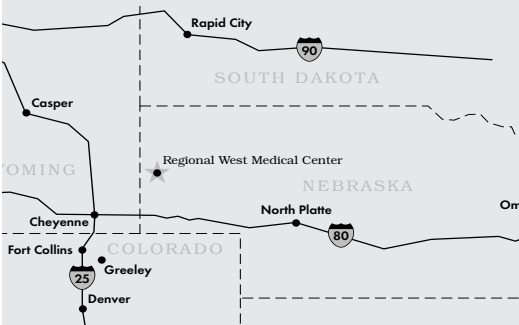
- Snow skiing in the beautiful Snowy Range area of Wyoming (two and a half hours)
- Mount Rushmore and the Black Hills (three hours)
- Cheyenne, Wyoming (less than two hours)
- The Colorado Rocky Mountains (four hours)
- Yellowstone National Park (eight hours)
- Omaha, Nebraska (seven hours)
- Denver, Colorado (three hours)

Transit

- 40 miles from Interstate 80
- 80 miles from Interstate 25

West Nebraska Regional Airport

- Three miles east of Scottsbluff
- Direct flights to Denver International Airport



Scottsbluff/Gering At A Glance

The Scottsbluff-Gering area offers dozens of reasons why over 25,000 people choose to call it home. Surrounded by soaring bluffs, pine-filled canyons, and rolling prairie, the area offers:

- A work commute averaging 10 minutes or less
- Public and private schools
- An active performing and visual arts community
- Bountiful outdoor recreation opportunities

Leisure and Entertainment

If you're a history buff, you've come to the right place. Spend a day wandering through one of our many **museums**, explore an authentic 19th century sodhouse, or walk along the ruts made by original **Oregon Trail** wagon trains.

With over 1,000 acres in which to hike, bike, camp, picnic, and sightsee, the **Wildcat Hills State Recreation** area south of Gering surprises most first time visitors.

Closer to home, a 1.6 mile walking trail runs from the **Scotts Bluff National Monument** visitor center to the top of the 800 ft. bluff, so hikers can exercise and experience history at the same time.

Hunters and **fisherman** from around the world have discovered the panhandle's crystal clear air, rugged terrain, lush prairie, and bountiful lakes and streams. Deer, wild turkey, antelope, various birds, and waterfowl are plentiful.

You probably wouldn't expect to see sandy beaches in western Nebraska, but that's exactly what you'll find. The 2,100 acre **Lake Minatare** is just 10 miles from Scottsbluff.

Dining

Enjoy cocktails on the **Scotts Bluff Country Club** deck overlooking the Scotts Bluff National Monument or enjoy an evening with friends at **The Tangled Tumbleweed Food & Wine Bar**, **Papa Moon Vineyard & Winery**, or **Flyover Brewing Company**. Scottsbluff is also home to over a dozen authentic Mexican restaurants.

Want to learn more?

Visit www.RWHS.org to see more about Regional West and the surrounding region.



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